

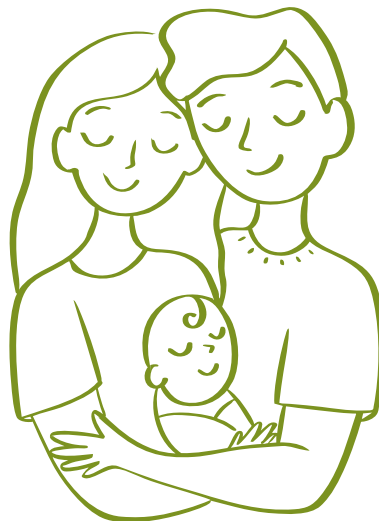
# Baby Growth Chart

FOR ONE YEAR BABY

Age (Months)	Avg Weight (Boys) in KG	Avg Weight (Girls) in KG	Healthy Weight Range (KG)	What Parents Commonly Notice
Birth	3	2.8	2.5 - 3.8	Initial Weight Loss After Birth
1st	3.8	3.5	3.2 - 4.5	Frequent Feeds, Rapid Gain
2nd	4.7	4.3	4.0 - 5.6	Fuller Cheeks, Better Sleep
3rd	5.6	5.1	4.8 - 6.4	Visible Growth Spurts
4th	6.2	5.6	5.4 - 7.0	Weight Gains Slows Slightly
5th	6.7	6.1	6.0 - 7.6	Increased Alertness
6th	7.4	6.7	6.5 - 8.2	Ready For Solids
7th	7.8	7.1	6.8 - 8.7	More Movement
8th	8.2	7.5	7.0 - 9.2	Crawling Starts

Age (Months)	Avg Weight (Boys) in KG	Avg Weight (Girls) in KG	Healthy Weight Range (KG)	What Parents Commonly Notice
9th	8.6	7.8	7.3 - 9.6	Activity Increases
10th	8.9	8.1	7.5 - 10.0	Pulling to Stand
11th	9.2	8.4	7.8 - 10.4	Appetite Fluctuations
12th	9.6	8.8	8.0 - 10.8	Toddler Like Body

**Note:** Every Baby Grows Differently. Us this chart as General Reference.



**HAPPY PARENTING !**